

## SHE PROVES

# *faithful*

**TOPIC:** Plan 5 Living Out Our Identity in Christ

**KEY VERSE:** Romans 8:29

**OBJECTIVES:**

1. Understand what living out our identity involves.
2. Learn characteristics of a life hidden in Christ.
3. Seek the Lord for ways to live out your identity in Christ.

### I. DISCUSSION QUESTIONS

What do you think it means to live as your true self in Christ?  
How would you describe 'identity in Christ' to someone?

### II. SCRIPTURE AND DISCUSSION

Living out our identity in Christ is a journey of transformation. Our identity in Christ is set in stone, yet we are still growing and being shaped into who we were created to be. Living as our true selves involves living life with God, abiding in Christ, and being led by the Holy Spirit. In Romans 8:29 we become aware that God desires for us to be conformed to the image of Christ, which translates into living as our true selves. When we are progressively conformed to His image, Jesus' characteristics and attributes begin to be expressed in our own lives.

1. Holiness— Read 1 Peter 1:13-16 and Colossians 3:12-17.
  - What are the different elements and characteristics of a holy life?
  - Can we be holy? Why or why not?
2. Fruit of the Spirit— Read Galatians 5:16-18 & 5:22-23.
  - Who produces fruit in our lives?
  - What is the fruit that can be produced in our lives?
  - How does the fruit of the Spirit relate to living in the new self?
3. Love— Read 1 John 4:7-11.
  - What does love have to do with living out our identity in Christ?
  - What does this love look like lived out in our lives?
  - How does this love impact the church? How does it impact our culture?

### III. TAKING ACTION

What changes might the Holy Spirit be inviting you to make in your life as you seek to live into your new self, hidden in Christ? Refrain from creating a list that you think will make you a "better person." Instead, spend time in prayer asking God what He is inviting you to pay attention to in your life. The only way we grow in our identity in Christ is by seeking the Lord because He is the one who restores and transforms us.

Philippians 2:12 tells us that it is God's work in us as we seek to live holy lives. Putting on the new self involves growth in Christlikeness, and that only comes by God's grace and love. Trust in the good and continuous work of God in your life.